



**1<sup>st</sup> Sunday in Lent time**  
11<sup>th</sup> February 2008

## *A Different Approach to Fasting...*

*Fasts have a tendency to be oriented toward things like giving up food or television. But there are many other creative ways we can welcome Jesus' healing touch. Here are suggestions you may want to consider.*

- ✓ Fast from anger and hatred. Give your family an extra dose of love each day.
- ✓ Fast from judging others. Before making any judgments, recall how Jesus overlooks our faults.
- ✓ Fast from discouragement. Hold on to Jesus' promise that He has a perfect plan for your life.
- ✓ Fast from complaining. When you find yourself about to complain, close your eyes and recall some of the little moments of joy Jesus has given you.
- ✓ Fast from resentment or bitterness! Work on forgiving those who may have hurt you.
- ✓ Fast from spending too much money. Try to reduce your spending by ten percent and give those savings to the poor.

Weekend masses: **SATURDAY 5 pm** and **SUNDAY 10.30 am**  
Confessions: **SATURDAY 4.30 pm** or by appointment  
Weekday masses: **TUESDAY 9 am** and **WEDNESDAY 7.30 pm**  
First Friday of the month: **ADORATION 6.15 pm** and **MASS 7.30 pm**

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For **Mass intentions** and **appointment** with Father, please contact Shantha by phone at the office on Tuesdays and Saturdays from 9.30 to 12.30  
OR leave a message on the mailbox OR send an email.  
For **Sick calls**, please contact  
**Clive Padayachee** on **011.854.5060** or **072.493.4773**  
For **Funerals**, please contact **Vivian Patel** on **011.854.8523** or **Cynthia Thomas** on **011.854.5490**  
In case of emergency only, Fr. Philippe's cell is **082.729.3758**

### Join in the following activities...

**MEN'S FELLOWSHIP** : every Monday 7.30 pm in the Hall.  
Contact Edgar 011 852 4960  
**INTERCESSION PRAYER GROUP**: every Friday 10 am - 24  
Opaal Street - Extension 5. Contact Vivian 011 854 8523  
**PRAYER GROUP**: every Saturday 3.30 pm in the Hall.  
**STOP**: every Wednesday @ 7.30pm in the Hall. Contact:  
Sebastian 078.111.9991 or Gregory 082.902.6721

## **STATIONS OF THE CROSS**

**EVERY FRIDAY @ 7.30 PM. DO ATTEND !**

### **Early birds' Holy Mass**

During Lent, there will be a morning mass at 5.40 every **Thursday** - except on Thursday the 21<sup>st</sup> February.

## **"C.I.A YOUTH" Wyd fundraising**

Our Parish proudly wants to send 9 of our Youths to Sydney this July to attend the World Youth Day. The event has little to do with tourism or even vacation. Rather it is an opportunity for them to meet with our leader, the Pope Benedict 16<sup>th</sup>, to have an experience of the Universal Church and, of course, to grow in spiritual maturity. The rub of it is, of course, as you might reckon, is the price of R14,000 for each one of them.

We are looking for sponsors! Maybe you could be one of them? Would you have a child of that age group, you might do the sacrifice... Why not help one of the youths registered? Or maybe, you have contacts of potential sponsors? Please give any useful information to one or the Youth leaders or to Father.

### **Liturgy Committee**

Mass at 7pm in Father's flat followed by liturgy meeting.

### **PASSION WALK...**

or "Walk with a Passion" for Jesus, of course, in solidarity with HIS passion, which is still so much entertained every time we choose the wrong path...

### **Altar Servers Roster**

*Wed 13<sup>th</sup> : Bradley, Justin, Shade', Kylin, Janine J.*  
*Sat 16<sup>th</sup> : Justin, Jacklyn, Janine P., Kylin, Bradley, Andrew*  
*Sun 17<sup>th</sup> : Tiffany, Steven, Shadé, Kewan, Jason, Bongani*

### **Flower List**

*Wayne & Isabel Kisten, Lorraine Lalloo, Terence & Cookie Lazarus, Tyrone & Marisa Lazarus.*

### **MASS INTENTIONS**

*Sat 9<sup>th</sup> : Thanksgiving Mass*  
*Sun 10<sup>th</sup> : Fred Jackson RIP and Winston Ballakisten 40 Days Mass.*  
*Tue 12<sup>th</sup> : Johana Gabriel RIP*  
*Wed 13<sup>th</sup> : Special Intention*

### **Penitential Celebrations for CCD's and JCJ's**

Sat 16<sup>th</sup> @ 3.30pm: CCD 5 & 6  
Sat 23<sup>rd</sup> @ 3.30pm: CCD 7 & 8  
Sat 1<sup>st</sup> Mar @12 pm: JCJ

### **Proclaimers**

We encourage all the proclaimers to attend a liturgy seminar in the small hall of the Cathedral Place on the 1<sup>st</sup> March from 9am to 1pm.

### **PASCHAL MEAL**

Following the success of the previous years Paschal meals, we have decided to have, this year, two Paschal Meal celebrations. One for the Youth (CCD5 to JCJ3) on Saturday 8<sup>th</sup> March and one for the adults on Tuesday 18<sup>th</sup> March.